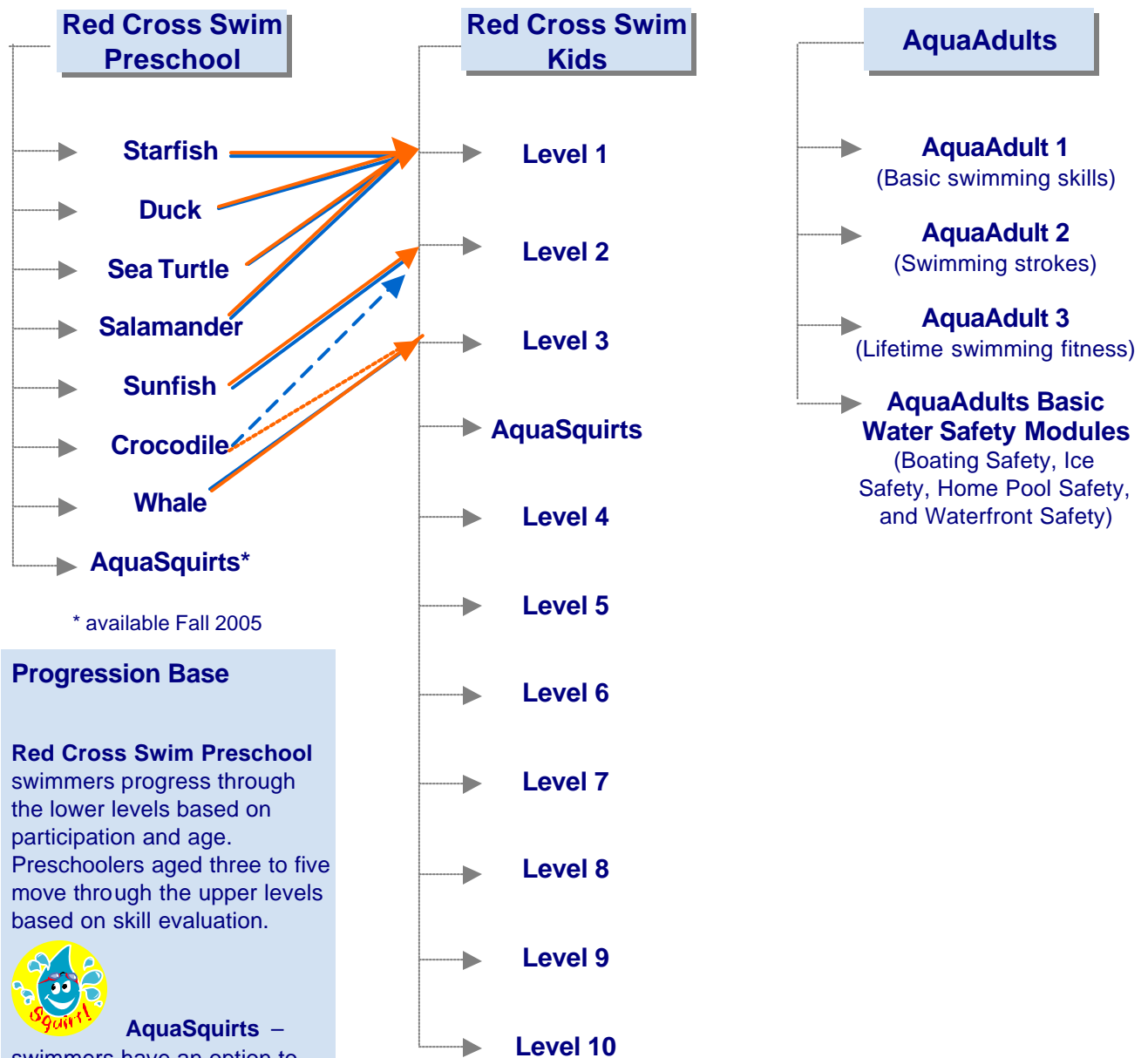


NEW PROGRAM STRUCTURE



Progression Base

Red Cross Swim Preschool swimmers progress through the lower levels based on participation and age. Preschoolers aged three to five move through the upper levels based on skill evaluation.



AquaSquirts – swimmers have an option to join this fun-filled, participatory-based program which complements a child's progression through the Red Cross swimming levels.

Red Cross Swim Kids uses continuous evaluation for swimmers to progress through the levels.

AquaAdults is based on personal interest and goal setting.

Legend:

-  completed or incompleted
-  completed
-  incompleted

EQUIVALENCY BETWEEN FORMER AND NEW PROGRAM

Former Program	New Program
AquaTots	Red Cross Swim Preschool
Level 1	Starfish
Level 2	Duck
Level 3	Duck/Sea Turtle
AquaQuest	Red Cross Swim Preschool
Level 1 incompleted	Sea Turtle
Level 1 completed	Salamander
Level 2 incompleted	Salamander
Level 2 completed	Sunfish
Level 3 incompleted	Sunfish
Level 3 completed	Crocodile
Level 4 incompleted	Crocodile
Level 4 completed	Whale / AquaSquirts
Level 5 incompleted	Whale / AquaSquirts
AquaQuest	Red Cross Swim Kids
Level 1 completed or incompleted	Level 1
Level 2 completed or incompleted	Level 1
Level 3 completed or incompleted	Level 2
Level 4 completed or incompleted	Level 3 AquaSquirts
Level 5 completed or incompleted	Level 4
Level 6 completed or incompleted	Level 5
Level 7 completed or incompleted	Level 6
Level 8 completed or incompleted	Level 7
Level 9 completed or incompleted	Level 8
Level 10 completed or incompleted	Level 9
Level 11 completed or incompleted Level 12 incompleted	Level 10

